From 7th July 2023: Drop in at Southwold

Whatever the problem, we're here for free, impartial and confidential advice



Face to face drop in SOUTHWOLD Second Monday each month 10.00am to 12.00pm

Stella Peskett Millenium Hall Mights Road Southwold IP18 6BE

Call us on 0808 278 7866 or email us via caes.org.uk



Our offices are in:
Beccles • Felixstowe • Leiston • Lowestoft
plus outreach centres across the region